



Hong Kong Society of Endocrinology,
Metabolism and Reproduction

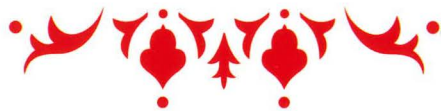
20th Anniversary
1983 — 2003

15th Annual Scientific Meeting

Our Mission



To promote, foster, develop and assist the academics, medical and allied professionals in the study of and acquisition, dissemination and application of knowledge and information concerning endocrinology, metabolism and reproduction.





Messages from
our
Founding Members





Professor Brian Lofts

OBE, DSc, PhD

Reflections of a Founding President

After 14 years of retirement, it is a privilege to be invited back for this celebration of the 20th Anniversary of the Hong Kong Society of Endocrinology, Metabolism and Reproduction, and it gives me great pleasure to respond to the Council's invitation to write a few words about the origins and aims of the Society.

At the time of my departure from Hong Kong, the Society had been in existence for 6 years, and had already evolved into a vibrant organisation reflecting the active and involved participation of all its members. Even then, the quality of research, and the standard of presentation, evident in the published records of its Scientific Meetings and Seminars, were of a very high quality, and this has continued undiminished up to the present day.

The formation of the Society is very much bound up with my own history as Head of the Department of Zoology, University of Hong Kong, a post which I served in for 22 years (1967-1989). All of this period was an exciting and stimulating part of my life, but, in particular, it is the 1970s that stand out in my memory as the most dynamic and productive period of development within the Department, and perhaps, on reflection, might be regarded as a phase that had a substantial influence on the establishment of this Society. It was a decade during which, thanks to my appointing of two gifted research scientists to lectureships, and my being able to obtain generous funding from the University and outside sources, the Department evolved into an internationally recognised centre of comparative endocrinological research. The postgraduate population was rapidly increased, mainly from our own graduates, but also from the Chinese University of Hong Kong and universities abroad. On completion of their Ph.D. programmes the majority moved to academic appointments in their own, and other universities in Hong Kong, while others moved to postdoctoral fellowships at overseas universities.

A further dynamic element that contributed to the evolution of this Society was, and still is, the valuable input provided by our medical endocrinologists. Even before endocrine and physiological

research had become established in the Department of Zoology, clinical endocrinology was already well established in the Faculty of Medicine, based at Queen Mary Hospital, and a number of departments possessed flourishing research programmes. This body of clinical endocrinologists was later enhanced by the establishment of a new Medical Faculty at The Chinese University of Hong Kong.

This gradually increasing population of medical and non-medical endocrine scientists inevitably lead to an increasing interaction in, and between, the groups, stimulating exchanges of ideas and information, and establishing collaborative projects, especially in areas of adrenal function, metabolic control mechanisms and reproductive processes. The need for an organisation to provide an outlet for these activities and interactions became increasingly apparent, and a small group of academics from the Medical Faculty and my own Department, formed a working group to plan the setting up of a suitable body. This resulted in the formation of the Society for the Study of Endocrinology, Metabolism and Reproduction (later amended to its present title).

In its founding year recruitment was considered a priority, since any society requires a critical mass of actively participating members to establish its viability. However, this proved to be no problem, and the establishment of a Student Membership category ensured a healthy mix of postgraduates, academic and governmental scientists, and private and University medical practitioners. From its inception the enthusiasm of the membership was high, and a programme of scientific meetings and seminars was soon established, interspersed with lectures from distinguished overseas visitors. A particularly active sector of the membership, with a specific interest in the research and control of diabetes, developed a series of specialist seminars, entitled "The A to Z of Diabetes", which were designed to provide a better understanding of the basic mechanisms, problems and treatment, to the community, and a forum for discussion of the latest research data. This was a highly successful enterprise.

Over the years of its existence, the Society has been fortunate in having strong support from the pharmaceutical and medical businesses in Hong Kong, and this has continued. As soon as it became financially possible, travel grants to enable Members, particularly Student Members, to attend scientific meetings in other countries, became an additional feature of the Society's activities. Such visits provided, and still provide, valuable experience and opportunities for exchange of ideas with leading workers in their respective fields of research.

Today, I look back at the Society's progress over the past 20 years, with great pride. I was honoured to be its Founding President from its inauguration in 1983 until 1986, and to be made an Honorary Life Member on my retirement from the University of Hong Kong. Being the latter has ensured that I continue to receive copies of minutes and scientific programmes, and to keep in touch with Committee activities. The enthusiasm with which the Society began, is still demonstrably present in our current Committee Members and Presidency. I congratulate you all on your achievements, and have every confidence that the Society will continue to prosper and grow in the future.



Professor Rosie T.T. Young

GBE, CBE, JP

DSc, MD, FRCF, FRCP, FRACP, FHKAM(Med)

As a founding member and the first Vice President of the Society for the Study of Endocrinology, Metabolism and Reproductive Medicine, now renamed the Hong Kong Society of Endocrinology and Reproductive Medicine (HKSEMR), I am delighted to be asked to contribute a brief article to celebrate the 20th Anniversary of the Society.

The Society was founded in April 1983. It was the brainchild of a small group of endocrinologists working in the two universities in Hong Kong, viz., the University of Hong Kong and the Chinese University of Hong Kong. Although the idea of establishing an association to foster the development of endocrinology as a special academic discipline in Hong Kong had been conceived for some time, it was felt that we still lacked a critical mass and sufficient diversity to launch such an important and ambitious project. The opening of the Medical Faculty in the Chinese University of Hong Kong gave us the impetus to do so. The Society thus had a good though modest start, with most of its members being teachers in the Medical and Science Faculties of the two Universities. The first President Professor Brian Lofts who is now enjoying his retirement in UK, myself as Vice President, Professor Christina Wang, as Hon Secretary, now working in the USA, Professor H K Ma and Professor J Vallance-Owen, also residing in UK now, and a few others constituted its Council members.

The Society draws its members from basic scientists and physicians working in the universities, public hospitals and private practice. It also includes other health care personnel such as dietitians, and nurse specialists. It provides an avenue for members to discuss their common interest, to share knowledge and to collaborate in research. In the early years most of the presentations at the annual scientific meetings were clinical topics and confined to diabetes, thyroid and growth disorders. In recent years they have covered a much wider scope in endocrinology, metabolism and reproductive medicine and include more and more topics in basic research. The quality of papers presented at recent annual scientific meetings is comparable to that of any top international conference. This attests to the important role played by the Society in encouraging and fostering high caliber research in Hong Kong.

Another important mission of the Society is education. This is the major achievement of the Diabetes Division. It has organised numerous seminars such as Diabetes ABC and Diabetes A to Z to inform doctors of the most up to date knowledge on pathogenesis and treatment of diabetes mellitus and its complications. It has also organised a wide variety of public lectures and functions to educate the public, diabetic patients and their relatives on the prevention, diagnosis and care of diabetes.

Since 1983 the Society has nurtured a significant number of endocrinologists in Hong Kong. Many of them have become leaders of the profession working in the universities, public hospitals and in the private sector. Endocrinology is now recognised as a specialty within the Hong Kong College of Physicians. Members of the Society are key members serving on the Specialty Board of the College to formulate policy on the training of endocrinologists in Hong Kong. Throughout the years the Society has established close connections with its counterparts in mainland China and overseas. It was a co-organiser of a very successful Second International Huaxia Congress of Endocrinology in December 2001.

The Society has more than fulfilled the mission envisaged by its founding members. It very successfully promotes, fosters, develops and assists academics, medical and allied professionals in the study, acquisition, dissemination and application of knowledge and information concerning endocrinology, metabolism and reproduction.

I am confident that the Society, now renamed HKSEMR will continue to work with the College of Physicians and academic institutions locally and abroad to advance and discover new knowledge in the genetic, molecular and physiological basis of endocrine and metabolic disorders and their prevention and treatment. I am also confident that members of the Society, be they scientists, clinicians or healthcare personnel will work together harmoniously with the common goal of improving the management of patients with endocrine and metabolic disorders.



Dr. John H. Boey

AB, MD, LRCP, MRCS, FHKAM (Surgery)

Endocrine Surgery in the Society

These past two decades have seen impressive advances made locally in the area of endocrine surgery, a somewhat low profile member of the Hong Kong Society of Endocrinology, Metabolism and Reproduction. Aspiring to the goals of the Society at its inception, a core group of surgeons have actively explored the frontiers of endocrine surgery. Most of them have been faculty members of the University of Hong Kong and the Chinese University of Hong Kong as well as Government Hospital Consultants. Accordingly, I would like to provide a broad overview of these local achievements as reflected in the scientific publications from these institutions over the past 20 years.

Endocrine surgery has seen considerable refinement in the diagnosis and management of major illnesses. This has been made possible because of the **multidisciplinary cooperation** that reflects our Society's *esprit de corps*. Beyond the longstanding relationship with medical **endocrinologists**, close cooperation with our **radiological** colleagues now begins from the radiological suite right through to the operating theatre itself; from the preoperative to the intraoperative phases of management: preoperative CT and MRI scans; Sestamibi and MIBG nuclear medicine scans; pancreatic and parathyroid venous sampling studies for tumour localization; and intraoperative ultrasound studies. Similarly, there has been a mutually rewarding exchange with **pathologists** with a special interest in endocrinology. Nowadays regarded as a "routine" study, fine-needle aspiration biopsy of thyroid nodules, was but a diagnostic "new-comer" that had to be systematically validated by surgeons and pathologists when this Society was founded. This cooperation extended beyond general reviews of common conditions such as Conn's disease, thyroid cancer, etc. and case reports of rare tumors (e.g., thyroid angiosarcoma, papillary pancreatic tumors, etc.) to **basic science research** in areas including p53 tumor suppressor gene and telomerase activity in pancreatic and thyroid tumors; cytokeratin expression in adrenal lesions; and MEN I genetic studies.

The technical aspects of endocrine surgery over this period evolved from more traumatic, open procedures to selective endoscopic operations with greater emphasis on minimizing physiological impairment. The open posterior adrenalectomy, regarded as a less traumatic alternative to the then conventional transabdominal adrenalectomy 20 years ago, has been superseded by selective unilateral laparoscopic adrenalectomy. More precise pre- and intra-operative tests now permit unilateral parathyroid exploration which was not feasible and even condemned many years ago. Blind partial pancreatectomies have been replaced by image-guided, more precise and physiological, limited resections with reduced morbidity and mortality. Parathyroid autotransplantation has been extended not only to patients with surgical hyperparathyroidism but also to those undergoing subtotal and total thyroidectomies.

The hybrid interests and skills of the endocrine surgeon make for a close-knit group of surgeons sharing a broad but common area of interest. The anatomical separation of surgical specialties has in a sense fragmented our sub-specialty and this Society serves as a fulcrum to promote our unique identity. We have benefited greatly from active participation within the Society and look forward to even greater cooperation with its members from all disciplines.



Professor Daniel K.O. Chan

B.Sc., M.Sc., Ph.D.

Congratulations to the Society of Endocrinology, Metabolism and Reproduction on the occasion of its anniversary celebrations. The Society has always been the focal point where clinical endocrinologists and scientific endocrinologists meet and discuss various issues of common interest. Over the years, it has demonstrated its value through the regular evening meetings and the Annual Scientific Meetings. On several occasions it has organized major meetings and specialist training courses. These activities have done a great deal towards promoting collaborative research and enlarging ones horizons and insights on the subject. In recent years, too many criticisms have been directed at the Universities for their inability to collaborate and tackle problems that adversely affect Hong Kong, whether it was SARS, red tides or food poisoning. I can still vividly remember the time when the Society organized a HK-UK Joint Workshop on Hypertension in 1995. Forces outside the Society tried their best to sabotage the meeting because they felt that this was a HKU-CUHK co-operative project, and hence should not proceed. Not so easy for the endocrinologists. We were not to be intimidated. The meeting went ahead on "neutral ground" in the Union Hospital. It was a great meeting. In line with the spirit and expectations of its founders, collaboration among members of the Society from different Universities have been nothing but exemplary. I am sure future Council members of the Society will continue the good work and maintain the Society as a vibrant organization.



Professor Ho Kei Ma

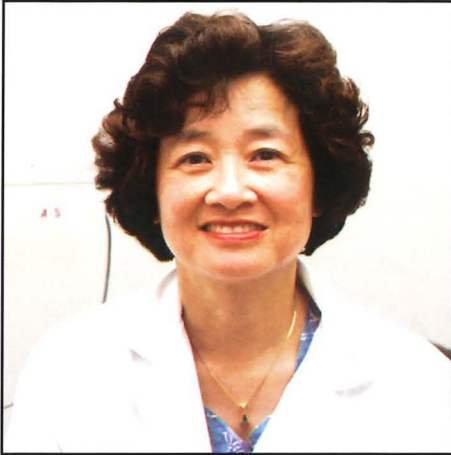
CBE, MBBS, FRCOG, FHKCOG, FHKAM(O&G)

I congratulate the Hong Kong Society of Endocrinology, Metabolism and Reproduction for reaching its 20th year and for its achievements in the past 20 years.

In 1983, we decided to form the Society because we thought that there were much research, both clinical and scientific, going on in Hong Kong and it was timely to form a Society to stimulate collaboration amongst scientists and clinicians of these different disciplines; to provide a forum for discussion of problems, and for exchange of views; and to foster new research ideas. The annual scientific meetings have been well attended. The presentations are of high standard and informative. I am impressed by the diversity of the subjects. The Society has made much progress towards its objectives. It is a unique organization in the way it manages to draw experts from so many different disciplines together.

I am certain that the Society will go from strength to strength and serve scientists and clinicians working in the field of Endocrinology, Metabolism and Reproduction for many years to come.

With my best wishes for the future.



Professor Christina Wang

MBBS, MD, FRACP, FRCP, FAAP

I wish to congratulate the tremendous progress made by the Hong Kong Society of Endocrinology, Metabolism and Reproduction in the past 20 years. I can recall vividly in my mind that as a young endocrinologist recently returned from training in Australia and the United States that I approached Professor Young and Lofts to start this academic and professional society. Once the concept was considered to be important and feasible, we sat in the evening at the University Department of Medicine Library/Conference Room for long hours with Mr. Alcott Liu writing the articles for the incorporation of the society, the mission, goals and objectives. I was privileged to see it grow while I was in Hong Kong and to watch this society achieving more than one can hope or anticipate for the past 13 years in United States. I enjoyed the yearly reunion with my colleagues at the Endocrine Society meetings and during the frequent visits that I had the opportunity to attend the Society's Annual Meetings. The mission of the society is important and I have no doubt that the membership and officers will move ahead to future success of this Society.

Congratulations to the celebration of the 20th Anniversary of the HKSEMR!



Professor Patrick Y.D. Wong

ScD, DSc, MA, PhD

I would like to offer the Society my hearty congratulations on its 20th anniversary.

Twenty years ago, being a rather junior member of the Physiology Department of the University of Hong Kong, I was deeply honoured and flattered by six senior members of the University calling upon me to join them in establishing the Hong Kong Society for the Study of Endocrinology, Reproduction and Metabolism. I remember in those early days, the Society had only a handful of members who were mainly academics working in the universities in Hong Kong, but to date the Society has grown into one of the major registered scholarly societies in Hong Kong with more than 400 members representing a wide spectrum of disciplines in the education and health sectors in Hong Kong.

Over the years, by virtue of the hard work and wisdom of the society's past and present presidents and committee members, the scope of the activities of the Society has expanded enormously. Since its inception, the Society has organized numerous major international conferences, played host to many world-renowned scientists inviting them to give lectures, presented awards and scholarships to deserving young endocrinologists and offered training courses to health professionals. The Society has gone a long way towards promoting the teaching, research and practice of endocrinology in Hong Kong. I am confident that the Society will continue to thrive. I would like to congratulate all members of the Society on their success in building the Society to what it is today.



Past 20 Years



Presidents, Officer Bearers and Council Members of the Society

1983-1986

President	B. Lofts
Vice-President	R.T.T. Young
Hon. Secretary	C. Wang
Hon. Treasurer	D.K.O. Chan
Council Members	J. Boey H.K. Ma P.Y.D. Wong K.W. Chiu ¹ J. Vallance-Owen ¹

¹ Co-opted in 1986.

1986-1988

President	R.T.T. Young
Vice-President	D.K.O. Chan
Hon. Secretary	J. Ma
Hon. Treasurer	C.S. Cockram
Council Members	C.L. Au J. Boey S.T.H. Chan K.W. Chiu G.W.K. Tang C. Wang S.S.C. Wong

1988-1990

President	D.K.O. Chan
Vice-President	C. Wang ¹ /C.S. Cockram ²
Hon. Secretary	K.S.L. Lam
Hon. Treasurer	C.S. Cockram/J. Ma ³
Council Members	C.L. Au ¹ S.T.H. Chan J. Ma M.G. Nicholls R. Swaminathan G.W.K. Tang P.Y.D. Wong ⁴ S.S.C. Wong T.M. Wong

¹ Departed in 1990.

² C.S. Cockram succeeded C. Wang in 1990.

³ J. Ma succeeded C.S. Cockram in 1990.

⁴ Co-opted in 1990.

1990-1992

President	C.S. Cockram
Vice-President	P.Y.D. Wong
Hon. Secretary	L. Low
Hon. Treasurer	J. Ma
Council Members	D.K.O. Chan S.T.H. Chan A.W.C. Kung ¹ K.S.L. Lam W.M. Lee ¹ G.W.K. Tang S.S.C. Wong T.M. Wong

¹ Co-opted in 1991.

1992-1994

President	K.S.L. Lam
Vice-President	C.L. Au
Hon. Secretary	A.W.C. Kung
Hon. Treasurer	L. Low
Council Members	D. Anderson D.K.O. Chan J.C.N. Chan S.T.H. Chan Y.F. Chan W.M. Lee J. Ma W.S. O

1994-1996

President	W.S. O
Vice-President	J. Ma
Hon. Secretary	C.L. Au
Hon. Treasurer	J.C.N. Chan
Council Members	D. Anderson S.T.H. Chan S.S.M. Chung P.C. Ho A.W.C. Kung K.S.L. Lam L. Low S.C. Tiu

1996-1998

President	J. Ma
Vice-President	S.S.M. Chung
Hon. Secretary	K.C.B. Tan
Hon. Treasurer	J.C.N. Chan
Council Members	C.L. Au C.C. Chow C.S. Cockram P.C. Ho A.W.C. Kung K.S.L. Lam L. Low W.S. O S.C. Tiu W.S.B. Yeung

2002-2004

President	C.L. Au
Vice-President	P.T. Cheung
Hon. Secretary	W.S.B. Yeung
Hon. Treasurer	P. Tong
Council Members	C.S. Chang K.L. Choi C.C. Chow A.W.C. Kung ¹ J. Ma W.S. O S.C. Siu K.C.B. Tan M.W. Tsang N.M.S. Wat V.T.F. Yeung

¹ Immediate past president.

1998-2000

President	S.S.M. Chung
Vice-President	A.W.C. Kung
Hon. Secretary	P.T. Cheung
Hon. Treasurer	C.C. Chow
Council Members	C.L. Au J.C.N. Chan K.L. Choi C.S. Cockram W.S. O K.C.B. Tan C.S. Teng V.T.F. Yeung W.S.B. Yeung

2000-2002

President	A.W.C. Kung
Vice-President	W.S.B. Yeung
Hon. Secretary	P.T. Cheung
Hon. Treasurer	C.C. Chow
Council Members	C.L. Au J.C.N. Chan C.S. Chang K.L. Choi K. Lam K.C.B. Tan F. Tang C.S. Teng P. Tong V.T.F. Yeung

Chairman, Secretary and Council Members of the Diabetes Division

1984-1986

Chairman	Prof. R. Young
Hon. Secretary	Dr. C. Wang
Members	Dr. K.O. Cheung Dr. C. Cockram Dr. K. Lam Dr. J. Ma Prof. J. Vallance-Owen Prof. B. Lofts (ex-officio)

1990-1992

Chairman	Dr. K. Lam
Hon. Secretary	Dr. K.S. Chan/Dr. S.C. Tiu
Members	Dr. C. Cockram Dr. S.B. Leung Dr. J. Ma Dr. B. Ngai Dr. C.M. Ngai Dr. I.S. Tsui Ms. Gloria Chan Ms. J. Chan Ms. Eva Kan Ms. Selina Khor Ms. Mona Lo Ms. Tammy So Ms. Rebecca Wong

1986-1988

Chairman	Prof. J. Vallance-Owen
Hon. Secretary	Dr. C.S. Chang/Dr. J. Ma
Members	Dr. K.S. Chan Dr. C. Cockram Dr. K. Lam Dr. T. K. Lau (Central Health Education Unit) Dr. B. Ngai Dr. I.S. Tsui Prof. R. Young Ms. Sallie Leung Ms. M. Lo

1992-1996

Chairman	Dr. J. Ma
Hon. Secretary	Dr. I.T. Lau
Members	Dr. J. Chan Dr. C. Cockram Dr. E. Kwan Dr. K. Lam Dr. S.C. Tiu Dr. I.S. Tsui Ms. Winnie Cheng Mr. Philip Ho Ms. Selina Khor Ms. Rebecca Wong

1988-1990

Chairman	Dr. C. Cockram
Hon. Secretary	Dr. C.S. Chang/Dr. I.S. Tsui
Members	Dr. K.S. Chan Dr. K. Lam Dr. S.B. Leung Dr. J. Ma Dr. B. Ngai Dr. C.M. Ngai Ms. Mona Lo Ms. Rebecca Wong

1996-1998

Chairman	Dr. S.C. Tiu
Hon. Secretary	Dr. E. Kwan
Members	Dr. J. Chan Prof. C. Cockram Dr. K.F. Huen Prof. K. Lam Dr. I.T. Lau Dr. J. Ma Dr. M.W. Tsang Dr. I.S. Tsui Ms. Winnie Cheng/Ms. Shimen Au Ms. Selina Khor Ms. Y.Y. Kwong Ms. C.Y. Wong Ms. Rebecca Wong/Ms. Tracy Lau

1998-2000

Chairman

Hon. Secretary

Members

Dr. J. Chan
Dr. K. L. Choi
Dr. K.W. Chan
Dr. C.S. Chang
Prof. C. Cockram
Dr. K. F. Huen
Dr. E. Kwan
Prof. K. Lam
Dr. J. Ma
Dr. S.C. Tiu
Dr. M.W. Tsang
Ms. Shimen Au/K M Loo
Ms. Eliza Chan
Ms. Selina Khor
Ms. Tracy Lau
Mr. Michael Yam

2002-2004

Chairman

Hon. Secretary

Members

Dr. K.L. Choi
Dr. G. Kam
Dr. K.W. Chan
Dr. C.S. Chang
Dr. H. Chen
Dr. C. H. Choi
Prof. C. Cockram
Dr. E. Kwan
Dr. J. Li
Dr. J. Ma
Dr. K. Tan
Ms. Tammy Li
Ms. Selina Khor
Ms. W.K. Koo
Ms. Maisy Mok
Mr. Michael Yam

2000-2002

Chairman

Hon. Secretary

Members

Dr. C.S. Chang
Dr. K. L. Choi
Dr. J. Chan
Dr. K.W. Chan
Dr. C. H. Choi
Prof. C. Cockram
Dr. K. F. Huen/Dr. H. Chen
Dr. G. Kam
Dr. E. Kwan
Prof. K. Lam
Dr. J. Ma
Ms. Eliza Chan
Ms. Selina Khor
Ms. W.K. Koo
Ms. Maisy Mok
Mr. Michael Yam

Honorary Auditor

Mr. Alcott K.P. Liu	1983 - present
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Honorary Legal Advisor

Mr. Vincent H.C. Ho	1983 - 1992
Mr. Selwyn K.M. So	1992 - 1998
Hon. Mr. Justice Geoffrey T.L. Ma	1998 - present

Recipients of Training Fellowship

Dr. Ho Yiu Yan	Department of Medicine, Columbia University, USA	July 1999 - June 2000
Dr. So Wing Yee	Howard Hughes Medical Institute, University of Chicago, USA	September 1998 - June 1999
Dr. Chan Wing Bun	Prince Alfred Hospital, Sydney, Australia	September 1999 - March 2000
Dr. Lee Ka Kui	Clinical Research Centre, UCLA School of Medicine, USA	October 2001 - September 2002
Dr. Ma Ching Wan, Ronald	Joslin Diabetes Centre, Harvard Medical School, USA	November 2001 - October 2002

Chronicle of the Society

1983.4.26	Incorporated as " The Society for The Study of Endocrinology, Metabolism and Reproduction " (SSEMR)
1984.4.15	Inaugural Meeting on "Endocrine Basis of Reproduction"
1984.10.14	1st Annual General Meeting and Annual Scientific Meeting on "Environment and Hormone" at Chung Chi College, CUHK
1984	Setting up of Diabetes Division
1985.5.28/30	First Meeting of the " A-Z Symposium on Diabetes ": "The ABC of Diabetes"
1985.9.12	First Extra-Ordinary Meeting to amend clauses in the Memorandum of Association of the Company
1985.10.19	2nd Annual General Meeting and Annual Scientific Meeting at Pauline Chan Building, HKU
1986	Admitted as a Member of the International Society of Endocrinology
1986	Admitted as an Associate Member of the Federation of Medical Societies of Hong Kong
1986.3.5	Extra-Ordinary Meeting to amend some clauses in the Articles of Association of the Company
1986.9.19-22	Organized the first international meeting on " Postgraduate Course in Clinical Endocrinology "
1986.10.25	3rd Annual General Meeting and 1st Annual Scientific Meeting at Regal Riverside Hotel, Shatin, NT
1987.10.17	4th Annual General Meeting and 2nd Annual Scientific Meeting at Rayson Huang Theatre, HKU
1987.10.17	Professor J. Vallance-Owen was elected Honorary Member
1988.3.24	Setting up of Conference Grant
1988.3.24	Setting up of Awards for meritorious papers presented at the Annual Scientific Meeting
1988.5.30	Setting up of Diabetic Nurse Education Fund
1988.10.29	5th Annual General Meeting and 3rd Annual Scientific Meeting at Y.C. Liang Hall, CUHK
1988.10.29	Professor Brian Lofts was elected Honorary Member .
1989	Diabetes Division of the Society became full member of the International Diabetes Federation
1989.12.18-20	International Symposium held jointly with Asia-Oceania Society of Comparative Endocrinology on " Hormones and the Environment "
1989.10.21	6th Annual General Meeting and 4th Annual Scientific Meeting at Rayson Huang Theatre, HKU
1990.10.27	7th Annual General Meeting and 5th Annual Scientific Meeting at Lady Shaw Building, CUHK

1990.10.27	Professor Christina Wang was elected Honorary Member
1991.10.26	8th Annual General Meeting and 6th Annual Scientific Meeting at K.K. Leung Building, HKU
1991.10.26	Professor G. Nicholls and Professor R. Swaminathan were elected Honorary Member
1992.10.24	9th Annual General Meeting and 7th Annual Scientific Meeting at Kadoorie Agricultural Research Centre, Shek Kong
1992.10.24	Dr. Susanna Wong was elected Honorary Member
1993.10.30	10th Annual General Meeting and 8th Annual Scientific Meeting at Li Shu Fan Building, HKU
1993.10.30	Professor D.M. de Kretser as Plenary Lecturer in ASM on "The Control of Spermatogenesis"
1994.11.19	11th Annual General Meeting and 9th Annual Scientific Meeting at Lady Shaw Building, CUHK
1994.11.19	Professor Olle G.P. Isaksson as Plenary Lecturer in ASM on "Growth Hormone Therapy in Adults"
1995.4.20-22	Co-sponsored " The International Workshop on Adrenal Gland, Vascular System and Hypertension " with UK Society for Endocrinology, held at Shatin International Medical Centre, Union Hospital, Shatin, NT
1995.11.11	12th Annual General Meeting and 10th Annual Scientific Meeting at Phase VI Chong Yuet Ming Building, HKU
1995.11.11	Professor Shi Yi-fan as Plenary Lecturer in ASM on "Clinical Studies of Growth Hormone Producing Adenoma"
1995.11.11	Professor H.K. Ma was elected Honorary Member
1996.9.25-28	Organized the 3rd International Diabetes Federation-Western Pacific Region (IDF-WPR) Congress at Hong Kong Convention and Exhibition Centre, Wanchai, Hong Kong
1996.10.26	13th Annual General Meeting and Annual Dinner at Shatin Racecourse Club House, Shatin, NT
1996.10.26	Professor Christina C.L. Wang as Plenary Lecturer on "The Future of Infertility Treatment"
1996.12.9-10	Annual Scientific Meeting became part of the International Meeting on Gastroenterology, Endocrinology and Reproduction - co-organized with Physiology Departments (HKU, CUHK), other academic departments in HK and China, and Chinese Association of Physiological Sciences
1997.11.15	14th Annual General Meeting and 11th Annual Scientific Meeting at Mt. Everest Suite, One Pacific Place, Queensway, HK
1997.11.15	Professor A.P. Weetam as Plenary Lecturer in ASM on "Update on Thyroid Immunology"
1997.12	Setting up of Training Fellowship
1998.11.14	15th Annual General Meeting and 12th Annual Scientific Meeting at Mt. Everest Suite, One Pacific Place, Queensway, HK

1998.11.14	Dr. George Eisenbarth as Plenary Lecturer in ASM on "A Family of Autoimmune Disorders: Type I DM, Celiac Disease and Addison's Disease - Prediction and Prevention"
1999.10.17-20	Annual Scientific Meeting was replaced by the International Huaxia Congress of Endocrinology held in Beijing, China
2000.1.20	16th Annual General Meeting at Kowloon Shangri-La Hotel, Tsimshatsui, Kowloon
2000.3	Diabetes Division published " A Statement for the Health Care Professionals on Type 2 Diabetes in Hong Kong - Year 2001 ", in March 2000 Issue of Hong Kong Medical Journal
2000.12.3	17th Annual General Meeting and 13th Annual Scientific Meeting at Mt. Everest Suite, One Pacific Place, Queensway, HK
2001.3	Setting up of the Society's website (http://www.endocrine-hk.org/)
2001.12.14-17	Organized the 2nd International Huaxia Congress of Endocrinology at Hong Kong Convention and Exhibition Centre (which also replaced the Annual Scientific Meeting)
2001.12.17	Extra-Ordinary Meeting held at Rm 201, Hong Kong Convention and Exhibition Centre to amend some clauses in the Memorandum and Articles of Association of the Company
2001.12.17	18th Annual General Meeting at Rm 201, Hong Kong Convention and Exhibition Centre, Wanchai, HK
2001.12.17	The Society's name was officially changed to " Hong Kong Society of Endocrinology, Metabolism and Reproduction (HKSEMR) "
2002.11.24	19th Annual General Meeting and 14th Annual Scientific Meeting at Mt. Everest Suite, One Pacific Place, Queensway, HK
2003.10.19	20th Annual General Meeting and 15th Annual Scientific Meeting at Sheraton Hotel, Tsimshatsui, Kowloon
2003.10.19	Professor D.K.O. Chan, Professor C.H.K. Cheng, Professor B.K.C. Chow, Professor C. Wang, Professor C.S. Cockram and Professor K.S.L. Lam as Plenary Lecturers in ASM

A-Z Symposium on Diabetes

Date	Title, Topics & Speakers	Chairperson
28 & 30 May 1985	ABC of Diabetes Mellitus Introduction (Prof. R. Young) Presenting Features, Detection and Diagnosis (Dr. C. Cockram) Biochemical Assessment of Diabetic Control (Dr. K. Lam) Approach to Management of Diabetes Mellitus (Dr. K.O. Cheung) The Treatment of Diabetes Mellitus (Dr. J. Ma)	Prof. R. Young
28 November 1985	Diet and Diabetes History and Principles of Management (Prof. R. Young) Basic Constituents of Chinese Food (Miss. V. Chung) Fats, Fibres and False Sugars (Dr. C. Cockram) Practical Dietary Management in Diabetes (Mrs. M. Sham)	Dr. J. Ma
5 June 1986	Eyes and Diabetes Eyes and Diabetes – The Scope of the Problem (Dr. J. Ma) Laser Photo Coagulation in Diabetic Retinopathy (Dr. C.M. Lam) Vitreous Surgery in the Treatment of Diabetic Retinopathy (Dr. P. Ho) Medical Management of Diabetic Eye Diseases (Dr. C. Cockram)	Prof. J. Vallance-Owen
19 February 1987	Foot and Diabetes Neuropathy and Diabetic Foot (Dr. C. Cockram) Vascular Problems Affecting the Diabetic Foot (Dr. K.F. Siu) Infection Affecting the Diabetic Foot (Prof. G. French) The Role of the Chiropodist (Mr. P. Ho)	Prof. R. Young
25 June 1987	Gestation and Diabetes Definition, Diagnosis and Screening (Dr. D. Li) Obstretical Management (Dr. V. Wong) Medical Management (Dr. J. Ma) Paediatric Problems in Gestational Diabetes (Prof. D.P. Davis)	Prof. J. Vallance-Owen
26 November 1987	Hypertension and Diabetes Why is Hypertension Important in Diabetes (Dr. C.S. Chang) The Choice of Antihypertensive Therapy in Diabetes (Dr. C. Kumana) Renin Angiotensin System and the Use of ACE Inhibitors in Diabetes (Prof. G.L. Nicholas)	Prof. R. Young

24 March 1988	Insulin and Diabetes Principles of Insulin Usage: Past, Present and Future (Dr. C. Cockram) Insulin Preparation Available (Dr. M.A.H. Cohen) Insulin Regimes (Dr. J. Ma) Practical Aspects of Insulin Use (Dr. I S. Tsui)	Prof. R. Young
22 September 1988	Diabetes in the Juvenile Juvenile Diabetes in Hong Kong (Dr. K. Lam) Psychological Adjustment & Complications in Juvenile Diabetes (Mr. P. Lee) Management of Diabetes Mellitus in Childhood (Dr. L. Low)	Dr. C. Cockram
23 February 1989	Ketoacidosis and other Diabetic Emergencies Precipitating Factors, Diagnosis and Prevention of Ketoacidosis (Prof. R. Young) Ketoacidosis – Pathophysiology & Principles of Treatment (Dr. C. Cockram) Hypoglycaemia in Diabetic Patients (Dr. J. Ma)	Dr. K. Lam
29 May 1989	Lipid Disorders in Diabetes Mellitus Lipid Disorders in Diabetes Mellitus and the Clinical Significance (Dr. M.K. Chan) Dietary Management of Hyperlipidaemia in USA (Prof. E.L. Bierman) Dietary Management of Hyperlipidaemia in Chinese (Ms. S. Khor) Other Aspects of Medical Treatment of Hyperlipidaemia (Dr. P. Stacpoole)	Prof. C. Wang
9 November 1989	Diabetes Mellitus and Myocardial Diseases Epidemiology and Spectrum of Cardiac Diseases in Diabetes Mellitus (Dr. K. Lam) Clinical Presentation of Cardiac Diseases in Diabetes Mellitus (Dr. W.I. Pau) The Management of Ischaemic Heart Diseases in Diabetes Mellitus (Dr. S.F. Chow)	Dr. J. Ma
8 March 1990	Diabetes Mellitus and Neuropathy Aetiology, Pathogenesis and Classification of Diabetes Neuropathy (Dr. C. Cockram) Somatic Neuropathy (Dr. Y.L. Yu) Automatic Neuropathy (Mr. E. Woo)	Prof. R. Young
7 June 1990	Diabetes Mellitus and Old Age Diabetes in the Elderly – Local Prevalence and Morbidity in Relation to Stroke (Dr. J. Woo) Drug Treatment in the Management of the Elderly Diabetes (Dr. J. Ma) Non-Drug Treatment in the Management of the Elderly Diabetes (Dr. M.F. Leung)	Dr. K. Lam Dr. N.S. Ng

21 October 1990	Diabetes Mellitus and Ophthalmopathy Acute Eye Emergencies in Diabetes (Prof. P. Ho) Peri-operative Management of Diabetes Undergoing Eye Surgery (Dr. K. Lam) Pathogenesis of Diabetic Retinopathy (Dr. C. Cockram) Management of Diabetic Retinopathy (Prof. P. Ho)	Dr. K. Lam Dr. P.C. Chow
22 January 1991	Diabetes Mellitus and Proteinuria Diabetic Nephropathy – Epidemiology & Pathophysiology (Dr. I.S. Tsui) Management of Diabetes with Proteinuria (Dr. I.D. Caterson) Other Renal Disorders in Diabetes (Dr. S.F. Lui)	Prof. R. Young
25 April 1991	Diabetes Mellitus & Renal Failure Diet in Diabetic Renal Failure (Ms. S. Khor) Use of Drugs and Insulin in Diabetic Nephropathy (Dr. C. Cockam) Management of End-Stage Diabetic Renal Disease (Dr. I. Cheng)	Dr. K. Lam
28 November 1991	Skin, Sex & Diabetes Mellitus Dermatological Complications in Diabetes Mellitus (Dr. C.F. Lai) Sexual Dysfunction in Diabetes Mellitus (Dr. J. Ma) Management of Sexual Disorders in Diabetic Patients (Dr. K.K. Wong)	Dr. K. Lam
14 April 1992	Transplantation & Diabetes Mellitus Pancreatic Transplantation (Dr. I.S. Tsui) Isles Cell Transplantation (Prof. D. Yue) Renal Transplantation in Diabetic Patients (Prof. K.N. Lai)	Dr. J. Ma
8 October 1992	Update on Treatment of Diabetes Mellitus New Trends in Dietary Management for the Diabetic (Ms. L. Kwa) Oral Drugs – New Insights into Use and Mechanisms (Dr. C.C. Chow) Update on Insulin Therapy (Dr. I.T. Lau)	Dr. C. Cockram
25 February 1993	Vascular Disease and Diabetes Mellitus Cerebrovascular Disease and Diabetes (Dr. R. Kay) The Heart and Diabetes (Dr. C.P. Lau) Peripheral Vascular Disease in Diabetic Patients (Dr. K.F. Siu)	Dr. J. Chan
16 September 1993	Women and Diabetes Hormonal Replacement in Postmenopausal Women with Diabetes (Prof. D. Chisholm) Gestational Diabetes Mellitus: An Update (Dr. K. Lam) Contraception in Women with Diabetes (Dr. J. Chan)	Prof. R. Young

14 April 1994	X-road in the Management of Diabetes: The Diabetes Control and Complications Trial (DCCT) The DCCT – Study Design and Results (Dr. S.C. Tiu) A Critical Look at the DCCT (Dr. I.T. Lau) The DCCT – Implications for the Local Community (Dr. J. Ma)	Dr. K. Lam
21 September 1995	Diabetes and Youth NIDDM in Children (Dr. E. Kwan) Diabetic Youth Camp (Ms. T. So) Childhood IDDM in Hong Kong (Dr. G. Wong)	Dr. J. Ma
4 December 1995	The Zenith of Diabetes A New Era in Diabetes Management (Dr. A. Baksi) Diabetes in 2001: 100 Years after Insulin (Professor J.S. Skyler)	Dr. J. Ma
4 July, 1996	The Aetiology of Diabetes Mellitus Aetiology of Type I Diabetes (Prof. L. Low) Aetiology of Type II Diabetes (Dr. T.M. Wo) Type I ½ Diabetes (Dr. K. Tan)	Prof. R. Young
13 March 1997	Body Composition and Body Weight Body Fat: Where, Why and How to Measure (Dr. J. Chan) An Effective Weight Reduction Programme for Diabetic Patients (Ms. S. Wong) Birth Weight and Childhood (Dr. E. Kwan)	Dr. S.C. Tiu
15 April 1997	Diabetes Complication & RAGE Advanced Glycation End-products (AGE) and Its Receptor in Diabetic Complications (Prof. D. Stern) Soluble Receptor for AGE & Wound Healing in Diabetes (Dr. J. Wu)	Prof. K. Lam
8 October 1997	A New Look at the Diagnosis & Classification of Diabetes Mellitus (Prof. C. Cockram)	Dr. I.S. Tsui
16 July 1998	To Eat or Not to Eat Recent Trend in Dietary Management of Diabetes Mellitus (Ms. L. Kwa, Ms. E. Yeung, Ms. C.Y. Wong, Ms. S. Khor)	Ms. S. Khor
25 March 1999	Diabetic Foot Clinical Diagnosis and Pathophysiology (Dr. C.C. Chow) An Orthopedic Perspective (Prof. P.C. Leung) The Role of the Chiropodist (Mr. M. Yam)	Dr. C.S. Chang

5 May 2000	Guidelines and Statement on Diabetes The Role of Guidelines in Diabetes Management (Prof. P. Home) Local Statement on Diabetes (Dr. J. Chan)	Prof. R. Young
19 April 2001	Hormonal Therapy Diabetes Contraception in Diabetes (Dr. T. Lao) HRT in Diabetes (Dr. L. Tang)	Dr. C.S. Chang
29 November 2001	Insulin Therapy in Diabetes Insulin in Type 1 Diabetes (Dr. G. Wong) Insulin in Type 2 Diabetes (Dr. J. Chan) Insulin in Pregnancy (Dr. N.W.S. Wat)	Dr. K.L. Choi
26 June 2002	Jam and Butter in Diabetes Sweeteners – In and Out (Dr. G. Tam) Carbohydrate Counting – Up and Down (Ms. E. Chan)	Prof. K. Lam
14 November 2002	Ketoacidosis - Recognition and Implication Pitfall in Diagnosis of DKA (Dr. S. Tam) DKA – Type 1 or Type 2 ? (Dr. K. Tan) Management of DKA (Dr. C.H. Choi)	Dr. C.S. Chang
16 September 2003	Lipid Disorders in Diabetes Lipotoxicity vs Glucose Toxicity (Dr. S. Tam) Evidence-based Management of Hyperlipidaemia (Prof. B. Tomlinson) Traditional Chinese Medicine Treatment of Hyperlipidemia (Dr. A. Leung)	Dr. K.L. Choi



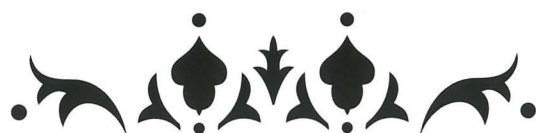
15th Annual Scientific Meeting

Programme and Abstracts



19th October, 2003

Sheraton Hotel, Ballroom



Organizing Committee

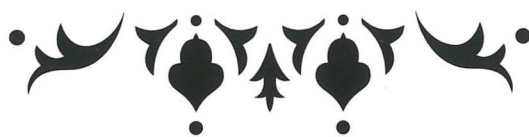
Dr. Simon C.L. Au

Dr. P.T. Cheung

Dr. K.K. Lee

Dr. Ronald C.W. Ma

Dr. William S.B. Yeung



PROGRAMME

8:30 am - 9:15 am	Registration and Setting Up Posters	
9:15 am - 10:15 am	Scientific Oral Session	Chairperson: Dr. P.P.H. Chow Dr. W.S. O
9:15 am	S1 Influence of constitutive E-cadherin expression in HGF-mediated invasive growth in ovarian surface epithelial cells	Alice S.T. Wong
9:30 am	S2 Regulation of Sertoli-germ cell adherens junction by interplay of Cdc42 and its effector protein, IQGAP1	W.Y. Lui
9:45 am	S3 A potential role for ventral prostate gland (VPG) secretions on epigenetic regulation of embryo development in golden hamster	O.C. Chan
10:00 am	S4 Interaction between the polyol pathway and non-enzymatic glycation on aortic smooth muscle cell migration and monocyte adhesion in a transgenic mouse model	Q.H. Dan
10:15 am - 10:45 am	Tea Break and Poster Viewing	
10:45 am - 12:15 pm	Basic Sciences Plenary Lectures	Chairperson: Prof. B. Lofts Dr. S.S.M. Chung
10:45 am	Hormones – primary messengers that defy definition	Prof. D.K.O. Chan
11:15 am	Growth hormone secretagogues and their receptors in fish	Prof. C.H.K. Cheng
11:45 am	Secretin as a neuropeptide	Prof. B.K.C. Chow
12:15 pm - 1:45 pm	Lunch and Poster Viewing	
1:45 pm - 3:15 pm	Clinical Plenary Lectures	Chairperson: Dr. J. Boey Dr. J. Ma
1:45 pm	Androgen and the ageing men	Prof. C. Wang
2:15 pm	Type 2 diabetes – a global perspective	Prof. C. Cockram
2:45 pm	Linking the metabolic syndrome with cardiovascular diseases	Prof. K.S.L. Lam

3:15 pm - 3:45 pm	Tea Break and Poster Viewing		
3:45 pm - 4:45 pm	Clinical Oral Session		Chairperson: Dr. P.T. Cheung Dr. K.C.B. Tan
3:45 pm	C1	Hypoadiponectinemia is associated with endothelial dysfunction	W.S. Chow
4:00 pm	C2	Effect of endothelial nitric oxide synthase polymorphism (Glu298Asp) on the progression of glycaemia in Chinese subjects with impaired glucose tolerance	A.W.K. Tso
4:15 pm	C3	Genetic and environmental determinants of bone mineral density in Chinese women	H. Lau
4:30 pm	C4	Diagnostic evaluation of pheochromocytoma – use of the overnight clonidine suppression test in patients with borderline elevation of urinary catecholamine	R.C.W. Ma
4:45 pm - 5:00 pm	Award of Prizes for the Best Presentations and Photo Taking		
5:15 pm - 5:45 pm	Annual General Meeting (Celestial Court)		

ABSTRACTS

Oral Presentations

- S1 **Wong AST**, Leung PCK and Auersperg N
Influence of constitutive E-cadherin expression in HGF-mediated invasive growth in ovarian surface epithelial cells
- S2 **Lui WY**, Cheng CY and Lee WM
Regulation of Sertoli-germ cell adherens junction by interplay of Cdc42 and its effector protein, IQGAP1
- S3 **Chan OC**, O WS, Ferguson-Smith A, Chow PH
A potential role for ventral prostate gland (VPG) secretions on epigenetic regulation of embryo development in golden hamster
- S4 **Dan QH**, Yin SN, Wong R, Chung SK, Chung SSM and Lam KSL
Interaction between the polyol pathway and non-enzymatic glycation on aortic smooth muscle cell migration and monocyte adhesion in a transgenic mouse model
- C1 **Chow WS**, Tan KCB, Xu A, Ai VH, Tam S, Lam KSL
Hypoadiponectinemia is associated with endothelial dysfunction
- C2 **Tso AWK**, Wat NMS, Janus ED, Wong RLC, Tan KCB, Lam KSL
Effect of endothelial nitric oxide synthase polymorphism (Glu298Asp) on the progression of glycaemia in Chinese subjects with impaired glucose tolerance
- C3 **Lau H**, Ho A, Luk K, Kung A
Genetic and environmental determinants of bone mineral density in Chinese women
- C4 **Ma RCW**, Chan WB, Law E, Chow CC, So WY, Ozaki R, Tong PCY, Ko GTC, King A, Lam WK, Chan JCN, Cockram CS
Diagnostic evaluation of pheochromocytoma – use of the overnight clonidine suppression test in patients with borderline elevation of urinary catecholamine

Poster Presentations: Endocrinology and Metabolism

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- P2 **So WY**, Chan JCN, Pan CY, Zhu XX, Thai AC, Yeo JP, Cockram CS
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- P3 **So WY**, Ko GTC, Chan WB, Tong PCY, Li JKY, Yeung VTF, Chan NN, Chow CC, Ozaki R, Ma RCW, Cockram CS, Chan JCN
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- P4 **Chan KW**, Law CB, Siu SM, Hung HF, Chung CH
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- P5 **Choi CH**, Tiu SC, Chan FKW, Kong PS, Choi KL, Ng YW, Ng CM
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- P6 **Choi CH**, Tiu SC, Choi KL, Chan FKW, Kong PS, Ng YW, Ng CM
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- P7 **Ma RCW**, Rask-Madsen C, Yokota T, Clermont A, Yasuda Y, Katai N, Takahara H, Suzuma K, Leitges M, Bursell S, Aiello L-P and King GL
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- P10 **Leung J**, Lee W
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- P13 **Ng YW**, Tiu SC, Ng JCM, Choi KL, Chan FKW, Choi CH and Kong APS
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- P14 **Mak M**, Lam KSL, Ma OC, Tso AWK, Tam S
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- P22 **Cheung CP**, Chan LW, Lui K, Borgmeyer U, Chen S, Chan FL
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- P27 **Leung MCT**, Cheung KH, Wong PYD
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